

# THIS WEEK AT SEA ISLAND

WEEK OF APRIL 5, 2010

## **For Activity Reservations**

Cottage Renters—Call Cottage  
Rentals at 638-5112

Exclusive Resort Members—Call 634-3957

Resort Guests—Call ext. 5111

Sea Island Club Members—Call 634-4444

*Or call the extension listed by each activity*

Most activities and programs require  
reservations by 5 p.m. the day prior.



*Sea Island*

## ACTIVITIES OF THE WEEK

### Coastal Youth Symphony Ensemble Spring Performance

*Wednesday, April 7, 5 p.m.*  
*The Cloister Colonial Lounge*

Members of the Coastal Youth Symphony of Georgia Chamber Ensemble are students enrolled in middle and high school throughout coastal Georgia. The ensemble is sponsored by the Coastal Symphony of Georgia and the Symphony Society. Complimentary.  
Reservations not required.

### Sippin' at Sunset

*Thursday, April 8, 6–7 p.m.*

Pianist Jackie Monroe sets the mood for members to gather in the Colonial Lounge and toast the day with other members and resort guests. Cash bar with happy hour prices. Reservations not required. Resort casual.

### "Smokin' Fridays" at Big George's

*Friday, April 9, 5:30–9:30 p.m.*

"High on the Hog" month continues with "Smokin' Fridays" as we fire up the new smoker! Buffet will feature favorite barbecue items. \$35/person; \$15/child (4–12). Tax and service charge additional. Reservations required, 634-4444.

### Steve Hightower and special guest hair artist Paul Trantham come to Sea Island

*Saturday, April 10–*  
*Sunday, April 11*

Award-winning, Atlanta-based hair designer Steve Hightower will be available for appointments April 10–11. Steve specializes in sculpt cutting, fine and thinning hair, color and damage repair. Special guest hair artist Paul Trantham will also be available for appointments. Paul is a salon owner, stage director, and hair show performer with over 41 years of experience. For an appointment, call the Salon, 638-5109.

## WEEK OF APRIL 5

*– Monday, April 5 –*

6:15 a.m.	Indoor Cycle	634-4442
8 a.m.	Jeep Train Shelling	638-5111
8 a.m.	Strength Conditioning	634-4442
8:30 a.m.	Deep Water Aerobics	634-4442
9 a.m.	Beach Horseback Ride	434-4761
9 a.m.	Intro to Clay Target Shooting	638-5839

9 a.m.	Cardio Tennis	638-5168
9:30 a.m.	Camp Cloister	638-5111
9:30 a.m.	Club Sea Island	638-5111
10 a.m.	Two-Hour Boat Tour Along Sea Island Waterways	638-5145
10 a.m.	Tennis Clinic of the Day: Forehand	638-5168
10 a.m.	Intermediate Yoga	634-4442
10 a.m.	20/20/20 Fitness Class	634-4442
11 a.m.	Beach Horseback Ride	434-4761
11 a.m.	Social Dance Lessons with Audrey Wood	634-4456
11 a.m.	Forehand Tennis Drills	638-5168
2 p.m.	Beach Horseback Ride	434-4761
2 p.m.	Quickstart Junior Tennis Drills Ages 7–11	638-5168
3:30 p.m.	Junior Staff Roundup	634-3226
4 p.m.	Now Playing at the Beach Club Theater "Everyone's Hero" (93 minutes, G)	638-5111
4 p.m.	Air Rifle Bull's-eye Hour	638-5839
4:30 p.m.	Middle School Tennis Excellence	638-5168
5 p.m.	Evening Stretch	634-4442
6 p.m.	Sweet Tea and Tennis	638-5168
7 p.m.	Beach Bingo	638-5111

*– Tuesday, April 6 –*

8 a.m.	Intermediate Yoga	634-4442
8 a.m.	Cardio Mix	634-4442
8:30 a.m.	Shallow Water Aerobics	634-4442
9 a.m.	Roomba	634-4442
9:30 a.m.	Camp Cloister	638-5111
9:30 a.m.	Club Sea Island	638-5111
10 a.m.	Yacht Cruise aboard the <i>Cloister Belle</i>	638-5145
10 a.m.	Tennis Clinic of the Day: Volleys	638-5168
10 a.m.	Adult Golf Clinic	638-5119
10 a.m.	Pilates Mat Work	634-4442
10 a.m.	Family Salt Marsh Kayaking	638-5145
11 a.m.	Volley and Overhead Tennis Drills	638-5168
11 a.m.	Swing Dance Lessons with Audrey Wood	634-4456
2 p.m.	Quickstart Junior Tennis Drills Ages 7–11	638-5168
2 p.m.	Junior Golf Clinic	638-5119
3 p.m.	Round Robin Tennis Mixer	638-5168
3:30 p.m.	Junior Staff Roundup	634-3226
4 p.m.	Air Rifle Bull's-eye Hour	638-5839
4 p.m.	Now Playing at the Beach Club Theater "G-Force" (88 minutes, PG)	638-5111
4:30 p.m.	Karate Class for 'Tweens and Teens	634-4442
5 p.m.	Indoor Cycle	634-4442
5:30 p.m.	100 Hudson Buffet	638-5111
9 p.m.	Bingo	638-5111

– Wednesday, April 7 –

6:15 a.m.	Indoor Cycle	634-4442
8 a.m.	Strength Conditioning	634-4442
8:30 a.m.	Deep Water Aerobics	634-4442
9 a.m.	Beach Horseback Ride	434-4761
9 a.m.	Cardio Tennis	638-5168
9:30 a.m.	Camp Cloister	638-5111
9:30 a.m.	Club Sea Island	638-5111
10 a.m.	Jeep Train Shelling	638-5111
10 a.m.	Stretch and Tone	634-4442
10 a.m.	Tennis Clinic of the Day: Backhand	638-5168
10 a.m.	Beginning Yoga	634-4442
10 a.m.	Two-Hour Boat Tour Along Sea Island Waterways	638-5145
11 a.m.	Beach Horseback Ride	434-4761
11 a.m.	The Cloister Kitchen and Wine Cellar Tour	638-5111
11 a.m.	Salsa Dance Lessons with Audrey Wood	634-4456
11 a.m.	Annie Oakley Shooting Hour for Ladies	638-5839
11 a.m.	Backhand Tennis Drills	638-5168
2 p.m.	Quickstart Junior Tennis Drills Ages 7–11	638-5168
2 p.m.	Beach Horseback Ride	434-4761
3:30 p.m.	Tie-Dye on the Beach	634-3226
3:30 p.m.	Junior Staff Roundup	634-3226
4 p.m.	Now Playing at the Beach Club Theater “Monsters vs. Aliens” (94 minutes, PG)	638-5111
4 p.m.	Air Rifle Bull’s-eye Hour	638-5839
4:30 p.m.	Middle School Tennis Excellence	638-5168
5:30 p.m.	Seafood Buffet at the Beach Club	638-5111
6 p.m.	Coastal Youth Symphony Ensemble Performance	
7 p.m.	Beach Bingo	638-5111

– Thursday, April 8 –

8 a.m.	Intermediate Yoga	634-4442
8 a.m.	Cardio Mix	634-4442
8:30 a.m.	Shallow Water Aerobics	634-4442
9 a.m.	Intro to Clay Target Shooting	638-5839
9 a.m.	Roomba	634-4442
9:30 a.m.	Camp Cloister	638-5111
9:30 a.m.	Club Sea Island	638-5111
10 a.m.	Yacht Cruise aboard the <i>Cloister Belle</i>	638-5145
10 a.m.	Pilates Mat Work	634-4442
10 a.m.	Tennis Clinic of the Day: Serve and Return	638-5168
10 a.m.	Family Salt Marsh Kayaking	638-5145
10 a.m.	Forever Fit	634-4442
11 a.m.	Line Dance Lessons with Audrey Wood	634-4456
11 a.m.	Ground Stroke Tennis Drills	638-5168
2 p.m.	Quickstart Junior Tennis Drills Ages 7–11	638-5168

3 p.m.	Tour of The Cloister	634-4456
3 p.m.	Round Robin Tennis Mixer	638-5168
3:30 p.m.	Junior Staff Roundup	634-3226
4 p.m.	Now Playing at the Beach Club Theater “Hannah Montana” (102 minutes, G)	638-5111
4 p.m.	Air Rifle Bull’s-eye Hour	638-5839
4:30 p.m.	Karate Class for Tweens and Teens	634-4442
5 p.m.	Indoor Cycle	634-4442
6 p.m.	100 Hudson Buffet	638-5111
6 p.m.	Children’s Dinner	638-5111
6 p.m.	Sippin’ at Sunset	
7 p.m.	Now Showing at the Beach Club Theater “Underdog” (82 minutes, PG)	638-5111
9 p.m.	Bingo	638-5111

– Friday, April 9 –

8 a.m.	Strength Conditioning	634-4442
8:30 a.m.	Deep Water Aerobics	634-4442
9 a.m.	Beach Horseback Ride	434-4761
9 a.m.	Cardio Tennis	638-5168
9:30 a.m.	Camp Cloister	638-5111
9:30 a.m.	Club Sea Island	638-5111
10 a.m.	Tennis Clinic of the Day: Forehand	638-5168
10 a.m.	Adult Golf Clinic	638-5119
10 a.m.	Intermediate Yoga	634-4442
10 a.m.	20/20/20 Fitness Class	634-4442
10 a.m.	Two-Hour Boat Tour Along Sea Island Waterways	638-5145
11 a.m.	Salsa Dance Lessons with Audrey Wood	634-4456
11 a.m.	Beach Horseback Ride	434-4761
11 a.m.	Forehand Tennis Drills	638-5168
11 a.m.	Jeep Train Shelling	638-5111
2 p.m.	Quickstart Junior Tennis Drills Ages 7–11	638-5168
2 p.m.	Beach Horseback Ride	434-4761
2 p.m.	Junior Golf Clinic	638-5119
3:30 p.m.	Junior Staff Roundup	634-3226
4 p.m.	Now Playing at the Beach Club Theater “Up” (96 minutes, PG)	638-5111
4 p.m.	Air Rifle Bull’s-eye Hour	638-5839
4 p.m.	Targets for Teens	638-5839
5 p.m.	Pre-Dinner Cruise on the <i>Cloister Belle</i>	638-5145
5:30 p.m.	“Smokin’ Fridays” at Big George’s	638-5111
6 p.m.	Children’s Dinner	638-5111
7 p.m.	Now Playing at the Beach Club Theater “National Treasure 2” (125 minutes, PG)	638-5111

– *Saturday, April 10* –

8 a.m.	Intermediate Yoga	634-4442
9 a.m.	Beach Horseback Ride	434-4761
9:30 a.m.	Camp Cloister	638-5111
9:30 a.m.	Club Sea Island	638-5111
10 a.m.	Yacht Cruise aboard the <i>Cloister Belle</i>	638-5145
10 a.m.	Tennis Clinic of the Day: Volleys	638-5168
10 a.m.	Family Salt Marsh Kayaking	638-5145
10 a.m.	Adult Golf Clinic	638-5119
11 a.m.	Beach Horseback Ride	434-4761
11 a.m.	Volley and Overhead Tennis Drills	638-5168
11 a.m.	Swing Dance Lessons with Audrey Wood	634-4456
12 p.m.	Jeep Train Shelling	638-5111
1:30 p.m.	Cookie Cutters	638-5111
2 p.m.	Beach Horseback Ride	434-4761
2 p.m.	Junior Golf Clinic	638-5119
3 p.m.	Round Robin Tennis Mixer	638-5168
3:30 p.m.	Junior Staff Roundup	634-3226
4 p.m.	Now Playing at the Beach Club Theater “High School Musical 3” (112 minutes, PG)	638-5111
4 p.m.	Air Rifle Bull’s-eye Hour	638-5839
6 p.m.	Children’s Dinner	638-5111
6:30 p.m.	Plantation Supper	638-5111
7 p.m.	Now Playing at the Beach Club Theater “Teenage Mutant Ninja Turtles” (87 minutes, PG)	638-5111

## THROUGHOUT THE WEEK

### SUNDAY SERVICE IN THE CLOISTER CHAPEL

Please join us for an ecumenical Christian service in The Cloister Chapel. Sundays, 9–9:30 a.m. Dress code is resort casual.

**BIBLE STUDY** Bible Study can be scheduled by special request. Call Bill Barrow, Director of Risk Management and Chaplain, ext. 3228 for more information.

**THE CLOISTER SPA** offers massage, bodywork and skin care treatments in our Forbes Five–Star spa for all Sea Island Club members and resort guests. Please call 912-638-5148 to schedule an appointment.

**FITNESS CLASSES** The Spa at Sea Island offers more than 35 fitness classes each week. For a complete schedule of all daily classes please stop by the Fitness Desk at The Spa and pick up a quarterly schedule or call 634-4442 and a Fitness Coordinator can describe the classes in more detail.

**GOLF** Call the Lodge Golf Shop to schedule tee times on your favorite course, 638-5118.

**THE GOLF LEARNING CENTER CLINICS** combine 75 minutes of instruction with 15 minutes of practice. Offered Tuesday, Friday and Saturday, 10 a.m. Maximum of five students, so reservations are a must, 638-5119.

**PERSONAL TRAINING** Let one of our Certified Personal Trainers work with you to better serve your fitness needs. Everything from one-on-one fitness consultations to private yoga, private Pilates and individual swim lessons are available. Our trainers will introduce you to the latest equipment, guide you through a private workout and customize a fitness program specifically for you. Please call 912-634-4442 to schedule a training session or learn more about the fitness services we offer.

**CAMP CLOISTER** Monday–Saturday, 9:30 a.m.–3 p.m. for ages 3–8 at The Meeting Place. Reservations are required by 5 p.m. the day prior; please call 634-4444. Children must be at least three years old and fully potty trained to participate. Minimum of 5 participants for program to occur.

**CLUB SEA ISLAND** Monday–Saturday, 9:30 a.m.–3 p.m. for ages 9–12 at The Meeting Place. This program is designed exclusively for pre-teens looking for more advanced activities and programs. Join us for scavenger hunts, fun cycles on the beach and much more. Club Sea Island is sure to create friendships that will last a lifetime. Reservations are required by 5 p.m. the day prior; please call 634-4444. Minimum of five participants required for this program.

**EVENING PROGRAMS FOR CHILDREN** Evening programs are available Thursday, Friday and Saturday at The Meeting Place from 6–10 p.m. Join our staff for a fun evening of games, crafts, dinner and a movie. Reservations are required by 5 p.m. the day prior; please call 634-4444. Children must be at least three years old and fully potty trained to participate. Minimum of 5 participants for program to occur.

**BEACH HORSEBACK RIDES** Rides can be scheduled by special request. Call 434-4761 for more information.

**BEACH CLUB THEATER** Take a break, relax and watch a movie. \$5/person includes movie, popcorn and soft drink. Reservations required for all movies, 634-4444. Movies can be canceled two hours before stated showing time if there are no reservations.

**POOL HOURS** The Beach Club pools are open daily, 9 a.m.–9 p.m.

**EXPLORE SEA ISLAND BY BICYCLE** Our bike shop is open daily from 9 a.m.–5 p.m. offering appropriately sized bicycles and helmets for every member of the family. Child carriers are available. Located near the entry to The Cloister Tennis Center. See us at the bike shop or call us at ext. 5523.

**DANCE LESSONS WITH AUDREY WOOD** Soon you’ll be dancing with the stars with a few lessons from Audrey Wood! Monday–Saturday at 11 a.m. in the Pilates Studio at the Fitness Center. Our guests will attest Audrey makes the salsa, swing, waltz, cha cha, tango and other dances seem so easy. Complimentary. Teens welcome. Private lessons may be arranged by appointment, 638-8444.

**SAILING CENTER** Open daily, 10:30 a.m.–4:30 p.m., the Center offers sailboat rentals, rides and lessons, along with kayaks, fun cycles, body board and cabanas. See us on the beach or call us at ext. 5762.

**LEARN TO FISH** Our fleet of boats and captains stands ready to take you in-shore and off-shore fishing. Our coastal fishing offers a chance to fish one of our artificial reefs as far as 5 to 15 miles out. We will provide the equipment; they will provide the skill. You enjoy the thrill! Call the Sea Island Yacht Club at 638-5145 to learn what is biting.

**SHOOTING SCHOOL** Experienced shooters and novices alike can enjoy the fine art of clay target shooting with some of the nation's most skilled, certified staff. Skeet, Trap, Five-Stand, and a ten-station Sporting Clays Course are available. For reservations call ext. 5839.

**CRABBING AND FISHING ON THE CLOISTER DOCK** Daily, 9 a.m.–5 p.m. The Cloister dock is open and the Black Banks River is teeming with crabs and fish. Families and kids are invited to visit our headquarters beneath the Black Banks River Terrace of The Cloister, throw a line or crab trap into the water and enjoy the fun.

**THE CLOISTER TENNIS CENTER** Open daily, 8:30 a.m.–6 p.m., with eight Har-Tru courts (four lighted), including a stadium court, awaits your cross-court winner. With a full range of clinics, lessons and round robins, you'll be polishing your game faster than you can say "ad-in." For more information call, 638-5168.

**STEVE HIGHTOWER HAIR ARTISTS STUDIO** Open Tuesday–Saturday. Complete hair care, coloring, styling and nail care services are available, as well as a unique variety of hair care products and personal accessories. Located inside The Cloister Spa. For an appointment, call the Salon, 638-5109.

**CANCELLATION POLICY** Please confirm the cancellation policy related to your specific program or activity when making your reservations. For dining, six-hour notice is required or a \$25/person fee will be charged in each restaurant. Georgian Room and Colt & Alison will charge \$50/person for less than six-hour notice. Holiday dining events require a 48-hour notice to avoid full penalty.



*Sea Island*

Post Office Box 30351  
Sea Island, Georgia 31561  
912-638-3611 or 800-SEA ISLAND